Send Videos and Messages of Love
By April Brown for PBS SoCal Education

You’ll need:

- Construction paper
- Cardboard cutouts of shapes such as a rectangle, square, star, heart, oval and diamond
- A variety of coloring materials
- Magazines
- Envelopes
- Stamps to send letters
- Online device and programs like Marco Polo or Jamboard

What to do:

- Watch Sesame Street: Elmo Loves You. Jot down words, phrases and pictures that illustrate what love looks, sounds and feels like to your family. Ask children prompting questions like, “How do people show you they love you?” and “How does it feel to show your love to someone else?”
- Get out the materials and invite your child to choose a cardboard cutout shape. Do they want to make their card a rectangle, square, star, heart, oval or diamond?
- Support your child in tracing the cardboard cutout onto the construction paper and cutting the shape out. Encourage your child to pay attention to what they notice about the shape. For example, say, “How many shapes do we have here? Are there any shapes that are missing?” or “How many sides does this shape have? Points? Are the lines straight or curvy? What else do you notice?
- Invite your child to write down words, draw pictures and cut and paste magazine pictures to send messages of love to their family and friends. Ask them to think about what they want to say and how they think the love note will make their loved one feel. You can help record your child’s thoughts on the card as appropriate.
- Mail your love notes to friends and family, or use a program like Jamboard to take pictures of your notes and upload them, or video chat a loved one on Marco Polo and show them the card you made!