Altars and ofrendas are the centerpiece of Dia de los Muertos. Most altars contain photos of deceased loved ones, favorite foods and objects, pan de muerto (bread of the dead), flowers (usually marigolds that guide the spirits with their scent), candles (to light the way for the spirits), a glass of water (so that the spirits can quench their thirst after a long journey) and copal incense. These items symbolize the four primordial elements: water, fire, air, and earth. Some altars, such as those made by Ofelia Esparza, will have an arch representing a window that allows the spirits of loved ones to view the ofrendas upon arrival.